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Press Release

Providence Federal Credit Union donates \$5,000 to Providence Portland Medical Center for Employee Wellness Caregiver Garden

Portland, Oregon (May 3, 2023)— <u>Providence Federal Credit Union</u> (PFCU) is pleased to announce a donation of \$5,000 to the Providence Portland Medical Center (PPMC) Caregiver Garden, where the funds will be used to help transform an empty lot into a beautiful, therapeutic, and productive garden.

"We saw it as a perfect opportunity to support Providence's hardworking caregivers by donating funds to help them create and design a place where they can engage with nature, breathe in the fresh air, and experience the healing benefits of growing food and flowers for the community," said Shirley Cate, President/CEO of Providence Federal Credit Union.

This working garden will be an oasis of calm in a dynamic clinical environment, allowing staff at PPMC to find moments of respite during their busy workday. The garden will also serve as a source of flowers for patients, with plans underway to eventually harvest fresh produce for caregivers, further promoting healthy living and sustainability.

Karen Rodriguez, Safety and Environmental Health Manager and Environmental Stewardship Committee co-chair at PPMC, has worked with an ADA compliance manager and a landscape architect to ensure the garden is accessible and environmentally sustainable.

"I'm just grateful to be able to give a little something back to our PPMC caregivers after all they have sacrificed over the last 3+ years. I hope this garden can bring them some joy, peace, and serenity," said Rodriguez.

The local community celebrated the garden's opening at a special Blessing event on April 27. As part of this occasion, PFCU presented its donation of \$5,000 to support the garden which is located on the NE 52nd block of NE Hoyt St., Portland, Oregon.

About Providence Federal Credit Union

Providence Federal Credit Union was founded in 1962 and is now one of the largest full-service credit unions in the country with \$180 million in assets. They serve over 16,000 Providence employees, retirees and family members in Oregon, Washington, California, Montana, Texas, Nevada, and Alaska, as well as EyeHealth Northwest, the Portland Clinic, and United Domestic Workers (UDW Labor Union) members, staff, family members and retiree members, To learn more about Providence Federal Credit Union, please visit www.providencecu.org.

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